



THE PULLMAN FLYER

- NEIGHBORS SHARING ARE NEIGHBORS CARING -

August 2024

Pullman Civic Organization

614 E. 113th Street, pullmancivic.org

PCO General Meeting, Wednesday, August 21, 2024, 7:30 pm



CHICAGO LABOR DAY PARADE & FEST

SATURDAY, AUGUST 31, 2024
NOON - 4 P.M.
FREE!

PARADE: Starts at 103rd St. & S. Cottage Grove Ave.
FEST: Following parade in Arcade & Pullman Parks

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#ChicagoLDP24



Membership Committee

Arlene Echols

Last chance to win the free PCO Member \$50 Cash Lottery is at the August PCO meeting Your PCO membership is your lottery ticket. Winner need not be present to win. Haven't joined yet? Bring your \$10 in cash or check to your Block Captain, bring it to the PCO meeting, or join through the PCO website via PayPal for a small fee. <https://www.pullmancivic.org/about>

Congratulations to Cecelia Carlson who won the July lottery! Thank you to Beverly and Ralph Larson's grandkid, Tony Daniels, who pulled the winning card at July's PCO meeting.

Thanks to those of you who have already joined the PCO. You're helping our neighborhood organization support the goals and activities that make Pullman a better place to live.



Arlene Echols - Membership Comm, Cecelia Carlson, Kathy Lynch - PCO Sec
Photo by Mike Manika

HOUSE TOUR 2024 October 12th and 13th

Cindy McMahon

Have you saved the date for the 51st annual Pullman House Tour? Mark your calendar for Oct 12th and 13th, from 11-5pm--this is a time when residents come together to welcome our visitors and show off our Pullman community. Even though one may say "they all look alike from the outside," the tours into the private homes demonstrate how unique and different they really are.

All Aboard to step up and volunteer. We need your help. We are recruiting volunteers to work 3 hour shifts in the homes as host/hostess. Volunteers receive a free house tour ticket, invitation to the preview night kickoff party and the undying gratitude of the House Tour Committee. If you have questions or want to sign up early, email the volunteer committee at pullmanhousetour@gmail.com.

Help us spread the word. Please stop by the Historic Pullman Foundation Exhibit Hall, 11141 S. Cottage Grove, to pick up brochures and posters. Posters will be available after September 1st. Ask your favorite businesses to post in their windows. Send brochures to friends, family (those you like and don't like) and get everyone on your Christmas card list.

Our next committee meeting will be on Monday August 26, 2024 at 6pm the Florence Lowden Miller Historic Pullman Center, 614 E. 113th Street
Check out our new website pullmanhousetour.com

Pullman Companion Animal Blessing

Andrea Morgen and Marnee Schreck

Has your companion animal been naughty lately?...maybe they need some special attention....maybe they need to be blessed!! On a serious note, Sunday October 6th, we will once again gather to celebrate our beloved animal companions at the Historic Pullman Foundation Exhibit Hall from 1pm to 4pm. Joining us once again will be the Chicago Herpetological Society with some amazing reptilian creatures with which to interact. Flint Creek Wildlife joins us as well to answer questions and possibly bring a raptor (bird).

We've invited a ranger from NPS-Pullman National Historic Park to be our guest speaker to discuss the importance of how we interact and respect the wildlife flora and fauna in our ecosystem.

We are thrilled to welcome the return of Pullman's own Sharon Quattrin and Q Kiser, who will amaze all of us with their musical talents. Our vegan food selections will allow us to enjoy a compassionate, earth friendly and delicious meal. Local businesses have generously donated products and gift certificates for our raffle and silent auctions. If any of our Pullman artists would like to donate a piece of your artwork, or if you have an interesting item that would be appropriate as a raffle or auction item, please contact us. This would be most appreciated. We anticipate the joyful art of face painting for children only.

The focal point of the day will be the blessing ceremony!! This takes place approximately 3-3:45pm and will be lovingly administered by Fr. Mark of St. Anthony's Church and Rev. Luther of The Greenstone Church. We welcome not only dogs and cats, but other companion animals....all dogs must be leashed and other animals safely contained in a cage or carrier. We ask that you be mindful of your animal's personality or aggressive behaviors. If your dog needs to be kept apart from others or muzzled, please leave in your car for their blessing. The raffle drawings and closing of auction will take place after the blessing. The finale will be the pet parade, led by Pullman's own Andy Bullen and his captivating concertina renditions. Volunteers are needed and most appreciated for set-up, take-down and assistance during the event.

Booklet Submissions: Memorial Pages for beloved pets or special people in our lives, a half page donation of \$25 or a full page for \$50. Memorial Name Page a donation of \$1 per pet name. All must be submitted by September 1st. Even if you do not have a companion animal, come join us for this memorable event. Contact us at schreckdesigns@sbcglobal.net or andreas.m.morgen@gmail.com



Solon Says:

A Report of the PCO Beman Committee

Megan Lydon and Wyatt Ollestad Co-Chairs
pcobemancommittee@gmail.com

Join us on Saturday, August 24 from 1:00-4:00PM at the NPS Visitor Center's Classroom for our second-ever Window Expo! This event was such a smash last year – and led to so many great new window installations throughout the community – that we just had to bring it back! This year we'll be joined by representatives from Pella, JELD-WEN, Marvin, and Sierra Pacific, each offering ready-made options for historically accurate windows that will pass Chicago Landmarks' review! This event will be an open exposition, so feel free to stop by at any time during the hours listed above.

Windows are always a big item up for discussion, for both homeowners and renters alike. Chicago's hot summers and cold winters make drafty windows the easy culprit when our comfort or the energy efficiency of our homes is at stake. New products and technologies that are now more readily available, such as aluminum clad wood windows (approved by Landmarks), offer residents lower-maintenance options that still look historically correct. Manufacturers like those featured at the expo also offer warranties on their products—something not to be taken for granted when talking about the huge investment that replacement windows require. You'll be sure to see some Pullman-specific sample windows at this event, too!

Did you know? Pullman homes were built in the days before air conditioning, so they are designed to take advantage of natural cooling and heating cycles each season. Double-hung windows are intended to cool by having both of their sashes operable – the lower sash is raised to allow cooler air to enter the lower part of the room, while the upper sash is lowered to allow hot air gathered near the ceiling to escape. During these hot summer months, if you're lucky enough to have fully operable windows on your home, try them out sometime to see if you can't shave a few extra days off the AC-running.

If you have questions or want to learn more about the details of your house, please reach out to the Beman Committee at pcobemancommittee@gmail.com.

Green Spaces and Places:

Art in the Garden

Lynn Smith

Art and gardens enhance each other. Consider Chihuly at the Garfield Park Conservatory. Consider gardens in this just past garden walk! Found objects were artfully presented in several gardens, while at least one garden featured original pieces that the owner had created. These are not cookie cutter gardens that someone else created, but artful urban escapes that bear the imprint of the owner.

So what does it take to have an interesting creative garden? Luckily it takes some of the ingredients that we all have – a sense of play and imagination, sense of space, and willingness to try something different. Art can be used to create a focal point, embellish an existing needed structure (ie, a gate, arbor, wall) or create a pictorial ploy to take the eyes off the boundaries of the space (ie. a mural) something that is used in at least one Pullman garden that I know of. Mirrors can be used to fool the eye/ feathery foliage can be used to give the illusion of more space, and lighter colors can also give the illusion of more space.

If you do happen to have several pieces of art in your garden, consider how they play off each other, and consider the effect that you want to create. Mosaics, tiles (including historic tiles), garden ornaments such as birdbaths and containers, murals, sculptures, cold tolerant ceramics, and textiles (yarn art / fabric art) are just some of the objects you could consider. Found objects displayed in artful and meaningful ways can create a thoughtful dialogue of the interplay between art, history, and nature. . . And we'll keep talking. . .

From the Pullman School Principal

Greetings Pullman Community,

I would like to take this opportunity to introduce myself as the proud new Principal of George Pullman Elementary. I am honored to have been selected for this extremely important role and I am excited to get started. While I am looking forward to getting to know each parent in person, I would like to share a little of my background and vision for Pullman's next chapter.

While I grew up in the south suburbs, I have lived in Chicago for more than 25 years. In fact, my first home in the city was right here in Pullman. I have been with Chicago Public Schools for more than 20 years in a variety of roles, including history teacher at Corliss High School, Dean of Students at Wendell Smith Elementary and as Network 13's Social and Emotional Learning Specialist. For the past three years, I was fortunate to serve as Assistant Principal at Clissold Elementary. While my experience there was extremely rewarding, I am overjoyed to return to the Pullman and Roseland communities. On a personal level, my wife is also an experienced CPS teacher and my daughter attends a CPS school. When we have free time you can catch us at a concert, the White Sox game or just enjoying a meal with our extended families.

I share this so that you can know that my family keeps me grounded but also how being a CPS parent myself informs my vision for the school. One of my guiding principles as a leader is "anything we do here should be good enough for our own children." This is why I want Pullman to be a place that all parents can be proud to send their students, where they feel they have a voice and where they know they will flourish. There are some great things happening here already that I want to use as a foundation while also implementing change in those areas requiring the most improvement. I plan to achieve this through setting high expectations for all Pullman staff and students, holding myself and others accountable, ensuring that support is directed to where it is most needed and publicly celebrating our positive results.

What you can expect from me as Pullman's Principal is someone who is approachable, hands on, positive and solutions oriented. Your students will see me in their classrooms, you will see me during entry and dismissal and you will get a call back from me when you have a concern. Please join us at our Back to School event on Thursday, August 22nd from 4-6pm.

In the meantime, I welcome your suggestions, feedback, questions and willingness to help in this process. I can be reached via email at djstarnos@cps.edu with anything you would like to share. You can also fill out this Survey (<https://rb.gy/yufo9v>) to let me know your thoughts or areas you would like to be more involved with Pullman. Thank you in advance for your trust and for this opportunity.


Sincerely,
Douglas Stalnos
Principal, George Pullman Elementary

Historic Pullman Garden Club

Lynn Smith

Hello everyone. I hope that you are enjoying the Summer! The Historic Pullman Garden Club continues to work on our community spaces and holds meetings on the first Wed of each month in the Miller Center on 113th St. We have several events behind us, including the dispersal of the "great mulch mountain" (no small task, it was at least six yards of mulch to be dispersed very quickly), before the Democratic National Convention kick off event, and the Historic Garden Walk. We continue to maintain Gateway Garden, at 111th and Langley, Pullman Park, and Arcade Park.

I was recently at the Chicago Botanic Garden in Highland Park where I spoke to several of the volunteers that man the plant information booth. I asked how many volunteers they use. Their answer, which surprised but did not shock me, was 2300 volunteers! That is an amazing number! Now this is a much larger space than we are maintaining, but this column serves as a reminder that we could use your help! Community gardening is an interesting way to get to know your neighbors and learn more about plants. When I first started gardening here almost thirty years ago my knowledge of plants was limited. I needed some direction on what was actually a weed. There are so many plants that even the accomplished plants person does not know them all. But it is through gardening that you learn about plants and nature and have the added enjoyment of getting to know your neighbors and getting a pretty thorough physical work out! Come join us!



Beat 531 Meeting
Tuesday September 17th
6pm
Pullman Exhibit Hall
11141 S Cottage Grove



From the Dining Car

Astrid Fingerhut

Ahh, August! My cold-loving dog absolutely hates it--though, optimist that she is, she remains certain that THIS time when I open the door, it's going to be a winter wonderland. And each time, when the moist oven air hits her, she looks at me a little resentfully as if to say "I thought you said these were the DOG days of summer. If they're mine, where is the snow?!"

So, this month, I present homemade (and pretty healthy—shhhh!) doggie ice cream. It's not as exciting as the first big snowfall, but it's kind of the best thing out there between June and October.

Doggie Ice Cream

Condiment cups with lids (or you can just make it in a freezer-safe dish and scoop it out—which might be better because you don't have to make sure your dog doesn't try to eat the plastic, but which is also less cute because she can't hold a dish between her paws and lick it solemnly). I like the two-ounce size, but my dog is really big.

- 1 ripe banana
- 32 ounces plain Greek yogurt (Aldi has full fat Greek yogurt, which is way tastier than the reduced fat versions)
- 1 cup natural (xylitol-free) peanut butter. Xylitol is extremely poisonous to dogs, so READ YOUR LABEL and look for the ones that are just peanuts or just peanuts and salt.

Throw everything into a bowl and mix. Pour it into your little cups, cover with the lids, and freeze on a flat surface for at least four hours. You can top them with crumbled bacon or cheese shreds or fruit (if your dog will not just look at you disdainfully till you pick it off), but my dog loves them plain. If you have a dog that gobbles rather than licks, monitor to make sure the cup doesn't get swallowed. The lids allow you to store these in your freezer for a period of time somewhere between how long your dog wants (no time at all) and how long things that are not in direct eyeline in my freezer stay (eternity).

Also, before you ask—yes, you can totally eat these too. Are they going to become your go-to snack? Nope! They are pretty bland ... though, add some homemade magic freeze topping (chocolate chips melted with coconut oil, which will solidify after you drizzle it on top of anything cold), and I could choke down a few. But Laika loves them... and since every time the door opens it's a disappointment these days, it's nice to have these little cool-down treats at the ready!

Yoga Returns to Pullman

Teri Gage

The National Park Service will offer free yoga classes at Pullman National Historical Park and State Historic Site, beginning Saturday, July 20. Classes will be held weekly on the northeast lawn of the historic factory site at 610 East 111th Street, beginning at 10AM each Saturday morning from July 20th through September 7th. Professional instruction will be provided by African Lotus Wellness, a local Black woman-owned business. No experience is necessary. Please arrive ten minutes early to ensure class can begin promptly at 10AM, and bring a yoga mat or towel and drinking water. The National Park Service is pleased to partner with the Illinois Department of Natural Resources, the Historic Pullman Foundation, the City of Chicago's Community Safety Coordination Center, and the Block House Gallery to resume this popular program.

PULLMAN CALENDAR FOR AUGUST-SEPTEMBER 2024		
WEEKLY ACTIVITIES		
National Park Service Visitor Center (Clocktower) - Open 7 days a week, 9am-5pm		
Pullman Farmer's Market Wednesdays 7am - 1pm 111th Pl & Forrestville		
The Block House Gallery Open Thurs 4pm-6pm / Sat 12pm-2pm 11137 S Langley		
Historic Pullman Foundation Exhibit Hall Friday-Sunday 12pm-4pm 11141 S Cottage Grove		
Saturdays 10am NPS: Healthy Parks Healthy People: Yoga in the Parks 610 E 111th lawn		
MONTHLY MEETINGS AND SPECIAL EVENTS		
When	Event (\$ if charge)	Where/How
Sat 8/17 10:30am-12pm	Taste of Pullman Bike Ride	Meet at Arcade Park
Sat 8/17 Noon - 8pm	Taste of Pullman (\$)	Pullman Park/Arche Park
Wed 8/21 7:30pm	PCO General Membership Meeting (3rd Wed) Exhibit Hall 112th St Everyone is welcome!	
Thur 8/22 4pm-6pm	Back to School Event	Pullman School 113/Forrestville
Sat 8/24 1pm-4pm	Beman Committee: Window Expo	NPS Visitor Center Classroom
Sun 8/25 3pm	HPF Speaker Series: Struggle for Workers Control (\$)	@ Exhibit Hall
Mon 8/26 6p	CCPSA 5th District Council Monthly meeting	Kroc Center 1250 W 119th St
Mon 8/26 6:00pm	House Tour Committee Meeting	FLM Center 614 E 113th St
Wed 8/28 11:30am	Ladies Lunch Group (4th Wed) Interested? Email Sschoephoester@gmail.com	
Wed 8/28 7:30 pm	PCO Beman Committee Mtg (4th Wed)	FLM Center 614 E 113th
Sat 8/31 Noon - 4pm	Chicago Labor Day Parade & Eddie Fest	Arche Park
Sun 9/1 1:30 pm	First Sunday Walking Tours	Exhibit Hall www.PullmanIL.org
Wed 9/4 7:00pm	Pullman Garden Club Monthly Meeting	FLM Center 614 E 113th St
Sat 9/7 12pm-4pm	Shop Roseland (music, vendors, etc)	11500 S Michigan Ave
Wed 9/11 7:30 pm	PCO Executive Board Meeting (2nd Wed)	FLM Center 614 E 113th
Tues 9/17 6pm	Community Policing 531 Beat Meeting	HPF Exhibit Hall
Wed 9/18 7:30pm	PCO General Membership Meeting (3rd Wed) Exhibit Hall 112th St Everyone is welcome!	
Fri 9/20 10a-Noon	Free Food/Produce Distribution	Dollar Tree Lot, 209 E 103rd St
Wed 9/25 7:30 pm	PCO Beman Committee Mtg (4th Wed)	FLM Center 614 E 113th
<i>Mark your Calendars for the Companion Animal Blessing - Sunday Oct 6th</i>		
Submit your Pullman / local community event details to pullmancalendar@gmail.com		

The Pullman Flyer is produced monthly by the Pullman Civic Organization, 614 E. 113th Avenue, Chicago, IL 60628. The viewpoints expressed in The Pullman Flyer are not necessarily the convictions of the Pullman Civic Organization. The deadline for the upcoming Flyer is the last day of the previous month. Committee reports, announcements, letters to the editor, dedication suggestions, and articles should be emailed to sandyczajko@sbcglobal.net. All submissions become the property of The Pullman Flyer.

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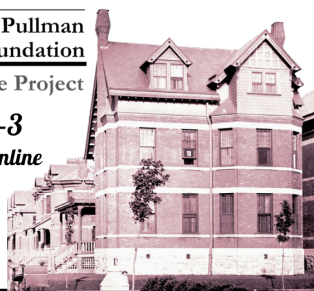


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Hold your event at Pullman's volunteer-run local art gallery, located inside the Pullman Artspace Lofts at 11137 S Langley!

Contact info@pullmanarts.org to inquire about rates, see the space, or set up an event rental.

Follow @blockhousegallery on Instagram or PullmanArts on Facebook to learn about upcoming gallery shows and other stuff PullmanArts is doing in the community.

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